

# Alone? Afraid?

Don't let your fear stop you from getting all the facts before you make your decision. And don't let anyone pressure you into making a decision that you will be sorry for: not your boyfriend, husband, or parents.

## What they don't tell you...

You may have been told that an abortion is a "normal" medical procedure. But you haven't been told that this procedure exposes you to many physical and emotional risks – some of which may even kill you.

### Surgical Risks

It is difficult to get reliable abortion statistics, but the risks of health problems can be very high. According to one Harvard University Medical School (USA) study, the rate of complications in second-trimester abortions is "up to 50 percent and higher."



### Breast Cancer Link

Many women are not aware of the link between abortion and breast cancer.

Thirteen major studies in the USA and 27 studies around the world show that women who have an abortion increase their risk for breast cancer.

### Emotional Trauma

The emotional effects of abortion are painful and can last for your lifetime. One study of 500 women who had aborted their baby reported that 43 percent experienced immediate negative responses to their abortion. In a later review, the number of women increased to 50 percent. And nearly 10 percent of the women who were studied had developed "serious psychiatric complications."



Many women are afraid to tell anyone about their pain because of shame. And they continue to suffer alone.

### Other Risks

There are other risks you face should you choose to have an abortion. Your chances of future failed pregnancies increase. Your chances of cancer of the uterus increase. You may have been exposed to the AIDS virus because of sex.

### "Choice on Termination of Pregnancy"

This law is allowing the killing of children all across South Africa. It allows abortion on request for any reason, without a waiting period, to anyone over the age of 12 years in the first 12 weeks of pregnancy. Young girls are able to kill their babies without their parents' consent and the parents do not have to be informed after the abortion! Wives are able to kill their husband's baby without his consent or knowledge.

**You made your choice!** When you decided to have sex, you made the decision to expose yourself to the risk of pregnancy. God's moral law is that marriage is honourable and that sex outside of marriage will be judged (Hebrews 13:4). Now that your baby is growing in your womb you have the responsibility to bring your baby to a healthy birth, not the death of abortion. You no longer have a choice – you have a child!

Information obtained from: It's my Body – Africa Christian Action / Concerned Women for America / CherishCA / Making an Informed Decision about Your Pregnancy – LifeCycle Books

## Make an Informed Choice What you must know about the risks of an Abortion.

- ◆ Death of some mothers
- ◆ Sterility (can't have children in future)
- ◆ Future miscarriages
- ◆ Stillbirths (future babies born dead)
- ◆ Menstrual problems
- ◆ Bleeding and intense pain
- ◆ Puncture and tearing of the uterus that must be repaired by surgery
- ◆ Infection that can kill you
- ◆ There may be left-over "parts" from your baby that need to be removed
- ◆ You may get hepatitis from blood clots and transfusions
- ◆ RU-486 has been known to cause many months of bleeding
- ◆ Guilt and shame
- ◆ Thoughts of Suicide
- ◆ Not able to forgive yourself
- ◆ Loss of interest in sex
- ◆ Anger, rage, hostility
- ◆ Child abuse
- ◆ Nightmares

*I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore **choose life**, that both thou and thy seed may live: Deuteronomy 30:19*



*Medical science clearly shows  
that life begins at conception.*

**21 days** – the heart begins to beat regularly and pumps through the circulatory system.



**30 days** – the eyes, ears, mouth, kidneys and liver have grown.

**42 days** – the brain is working and your baby has reflexes.



**45 days** – teeth buds are present; the skeleton is complete; your baby begins to move.

**56 days** – all body systems are present; your baby feels pain.

**9-10 weeks** – your baby squints, moves his tongue, and will bend his fingers around an object.

**11-12 weeks** – all body systems work; your baby's arms and legs move; he can swallow and sucks his thumb. Your baby breathes the amniotic fluid and has fingernails.

**14 weeks** – your baby's auditory (hearing) sense is working.

**16 weeks** – eyelashes have grown; your baby can grasp, swim, kick and turn.

**18 weeks** – your baby's voice now works; he can cry.

**20 weeks** – your baby has hair, weighs about 500 grams and is about 30 cms long.



Before you  
choose...

If you are a Deaf woman and are pregnant or think you might be pregnant and need counsel, contact us.

We are here to encourage and provide information so that you can make an **informed decision** concerning the birth of your child.

If you need someone to talk to, please contact us.

24 Hours a Day / 7 Days a Week

Choose  
Life

Choose Life, that both thou and thy seed may live:  
Deuteronomy 30:19

WhatsApp:  
Men: +27795059116  
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Crisis Counseling  
for the Deaf

Learn the  
facts of life.